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Wed Apr 18 17:43:50 1990
Because of the very nature of magick, each working should be highly individualized and personal. Even if following a traditional spell, it should
be tailored to your specific needs to be most effective for you. Understanding the basics of spell construction will enable you to formulate
your own specific, effective spells for any purpose you desire.

Preliminary planning is necessary. The very first step is to decide precisely
what your desired end result is to be. Before you can start, you must decide
where you are going. You must be very explicit.

It is important, also, that you choose your time carefully. You should take
into consideration all astrological implications, energy currents and moon phases.

The moon is the astronomical body closest to us and, therefore, has a profound
influence upon us, it is very important to choose a time when the moon is in
an astrological sign which is appropriate for your working.

For example:

Aries/action - enthusiasm

Taurus/renewal - sensuality

Gemini/communication - curiosity

Cancer/emotion - nurturing

Leo/vitality - determined

Virgo/organizing - studious

Libra/balance - cooperation

Scorpio/sexual - philosophical

Sagitarius/strength - humour

Capricorn/authority - ambitious

Aquarius/innovation - social

Pisces/sensitivity - idealistic.

Bear in mind that magickal workings for gain, increase or bringing things to you, should be initiated when the moon is waxing (from dark to full); when the moon is waning (from full to dark), it is time for magickal workings of decrease or sending away.

The highest energy occurs at the full moon and, therefore, this is the most powerful time for magickal workings. The new moon is the next most powerful time for magick.

Whenever possible, follow nature's natural energy currents. There is a natural time for starting things (a planting time), for maturing things (a growing time), for reaping things (a harvest time) and, of course, a time for rest and planning.

Flowing with these currents will make your magickal work much easier. remember to plan your project for a time of uninterrupted privacy. It is important that you have no distractions. Generally speaking, it is best to work as late at night as possible. A time when there is less frantic energy is most appropriate. You might consider midnight or later.

In choosing a place to do your magickal working pay particular attention to your needs, for you must be comfortable. Your place should be private, quiet and secure. If at all possible, set aside a special place for this purpose only. An unused room, a special corner of your bedroom, a quiet, secluded spot in your garden. A place that is yours. A place that you can come to whenever need arises and that is as free from intrusion of others as possible.

Prior to the night of your magickal working, gather together the things that you will need. All of the things used are tools. They have no inherent magick. They are to help you create a mood. If correctly made and used, they will trigger primitive responses from deep within you. They should be chosen with care. Consider the purpose of your ritual and choose your tools accordingly. If your magick is to be sexual, your candles, oils, incenses and so forth, should bring forth a sexual response. If the desired result of your magick is tranquillity, then the tools should make you feel calm, peaceful and serene. Any candles you might use should not have commercially added

fragrances as these may not be appropriate for your working.

Prior to your ritual, prepare yourself and your equipment by any means necessary to clean and purify. Historically, people have fasted, followed meticulous and detailed bathing practices, practiced chastity and used many other methods.

Most often a ritual bath is the preferred method. A bath frequently utilizing candlelight, fragrant herbs, bath salts or sensuous oils. A sumptuous hot bath, special bathing preparations and appropriate lighting, combined, can create the soothing effect which will help in the very important step of relaxing and clearing the mind completely of all mundane thoughts and experiences of the day. Your ritual bath should, also, begin to set the specific vibrations conducive to your purpose into motion. You must not only cleanse and purify but must, also, begin to create the type of energy necessary. Once your purification process has been accomplished, you are now ready to begin. Proceed to the special place you have previously chosen in which to perform your magick. If at all possible, you should make use of the primitive responses set into motion by a well chosen piece of music. Your music should start slowly and build to a rousing climax.